



HYPERHIDROSIS AFTER CARE SHEET

GENERAL DIRECTIONS:

Wash the area gently twice daily with antibacterial soap until no longer inflamed. Following washing, apply a thin layer of antibiotic cream such as polysporin.

Avoid the use of antiperspirants or body creams for 48 hours. Also, refrain from “high sweating” experiences such as running, aerobics, weight lifting, etc for 48 hours.

After injections of BOTOX for Hyperhidrosis, you can expect:

Local redness, bruising and/or swelling which lasts from 2-5days. It will appear to get a little worse on day 2, then become less irritated.

If however, the red and swollen areas appear to be getting worse, apply a salt water compress: Measure 1 teaspoon of salt in 8 oz of hot water – soak a clean cloth in the solution – make sure it is not too hot and apply to affected area twice daily for 10 minutes.

Please call the office if:

- Red sore areas do not resolve with or exceed 1 cm diameter
- Any open areas develop
- Allergic reaction including rash

We anticipate an excellent result – your satisfaction is paramount. We expect that no or very little deodorant will be necessary for 6-9 months. If it starts to “wear off” early, then the dosage was probably not high enough. Any feedback from you is critical to determine the appropriate dose location for your next treatment.

Sincerely,
Carole Dagenais, RN